**Resource Guide for using the videoclips of MMC’s 5 values**

In her 2023 MMC Conference Keynote Address, Elizabeth (Liz) Dowling rsm, explored each of the five MMC Values. The material was recorded, edited and is available on the MMC website.

In conjunction with the Values leaflets, the videoclips can be used as a resource for reflection and conversation at a Board Meeting, staff meeting or for personal reflection.

There are many ways in which these resources can be used. The process suggested below will take **approx. 20 minutes** for reflection on each value.

For a longer ongoing formation session of 30 – 60 minutes, the Values leaflets can be used as a related resource. They can be accessed in a printable form on the [MMC website](https://www.mercyministrycompanions.org.au/formation/formation-resources/vision-mission-and-values-resources/).

**Values**

*Our core values underpin the mutuality of our relationships with God, each other and our common home.*

**Compassion** – we respond with kindness and generosity to those we serve, our ministry colleagues and all with whom we interact

**Justice** – we treat everyone with fairness and advocate for the rights and responsibilities of all people in our community, especially the most vulnerable

**Respect** – we uphold the intrinsic dignity of each person, no matter their circumstances

**Hope** – we see within our current situation possibilities and promise, which nurture and shape our future

**Hospitality** – we are welcoming of people and ideas, bringing an openness of heart, mind and spirit to our work and life.

**Compassion videoclip** (12:35min)

Points included:

* Our interactions with people, land and all creation
* Fostering a heart for mercy impels us to act – the Gospel stories of the Merciful Samaritan and the Prodigal (lost) Son
* Compassion leads to action – the response of Jesus to the plight of the Widow of Naim made vulnerable by the death of her only son
* Seeing with the eye of compassion leads us to respond
* The gift of insight held by Gurrumul and expressed in his music

**Suggested process**

1. Invite participants to reflect on the ***Compassion*** descriptor as a lead in to viewing the videoclip. Someone can read it aloud in a reflective manner.
2. View the videoclip together
3. Share in a small or large group some significant insights from the videoclip
4. Following the sharing, invite silent reflection on ways of nurturing compassion
5. Allow for some further sharing or prayer arising from the quiet time
6. Thank everyone for their participation in this ongoing formation activity.

**Justice videoclip** (9:43min)

Points included:

* The two arms of understanding justice in the biblical tradition – right relationships and structural/legal justice
* Luke Ch 4: 16-21 describes the beginning of the public ministry of Jesus and how he understands justice
* Forgiveness releases people from their burdens
* The prophet Isaiah’s images of justice in the works of mercy Isaiah 58: 6-7
* Oppressed people are broken down by unjust structures; they are shattered
* In our ministries we know those who are broken and shattered, who need release in order to flourish

**Suggested process**

1. Invite participants to reflect on the ***Justice*** descriptor as a lead in to viewing the videoclip. Someone can read it aloud in a reflective manner.
2. View the videoclip together
3. Share in a small or large group some significant insights from the videoclip
4. Following the sharing, invite silent reflection on ways of nurturing right relationships
5. Allow for some further sharing or prayer arising from the quiet time
6. Thank everyone for their participation in this ongoing formation activity.

**Respect videoclip** (8:48min)

Points included:

* Respect is for all people and all of creation
* The 8th work of mercy – caring for our common home instituted by Pope Francis
* The images of God in one of the creation stories (Genesis 2: 7-8) are those of a sculptor and a gardener
* The interconnections between humans and the earth
* Genesis 2: 15 is about right relationships
* Our understanding of stewardship sometimes misses the mutuality of our relationship with creation

**Suggested process**

Invite participants to reflect on the ***Respect*** descriptor as a lead in to viewing the videoclip

View the videoclip together. Someone can read it aloud in a reflective manner.

Share in a small or large group some significant insights from the videoclip

Following the sharing, invite silent reflection on ways of nurturing a culture of respect

Allow for some further sharing or prayer arising from the quiet time

Thank everyone for their participation in this ongoing formation activity.

**Hope videoclip** (7:23min)

Points included:

* Catherine McAuley’s image of shining lamps and its source in the Gospels
* Lamps and lampstands enable people to see differently, to move forward with confidence
* The importance of various lamps in Catherine McAuley’s time
* The importance of the role of lamplighter
* Lighting the lamps of others can provide a light of hope for the journey ahead

**Suggested process**

1. Invite participants to reflect on the ***Hope*** descriptor as a lead in to viewing the videoclip. Someone can read it aloud in a reflective manner.
2. View the videoclip together
3. Share in a small or large group some significant insights from the videoclip
4. Following the sharing, invite silent reflection on ways of nurturing a hope-filled ministry
5. Allow for some further sharing or prayer arising from the quiet time
6. Thank everyone for their participation in this ongoing formation activity.

**Hospitality videoclip** (8:50min)

Points included:

* Hospitality is about opening our hearts and minds to the other, welcoming the stranger
* Matthew 25: 31-46 is the final ethical teaching of Jesus, the versus from which the tradition of the works of mercy comes
* The gospel writers use parables to expand our thinking, to surprise the listener and the reader
* The corporal and spiritual works of mercy are foundational for our ministry

**Suggested process**

1. Invite participants to reflect on the ***Hospitality*** descriptor as a lead in to viewing the videoclip. Someone can read it aloud in a reflective manner.
2. View the videoclip together
3. Share in a small or large group some significant insights from the videoclip
4. Following the sharing, invite silent reflection on ways of showing a spirit of hospitality
5. Allow for some further sharing or prayer arising from the quiet time
6. Thank everyone for their participation in this ongoing formation activity.

Prepared by Annette Schneider rsm

MMC Formation Coordinator

annette.schneider@mercyministrycompanions.org.au

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